

### Saturday 18<sup>th</sup> January 2025 (Warm Up 1.30pm)

#### EVENT 101 Mixed 200m IM

1. Andy CHARGE	56	Billingham	3:50.00	16. David BRYANT	64	Woking	2:45.00
2. Gordon WALLACE	63	Ren 96	3:45.00	17. Paul JONES	51	Morpeth	2:45.00
3. Audrey COOPER	71	Silver City	3:45.00	18. John PICKERING	40	Newcastle	2:45.00
4. Eleanor SUTTON	41	Copeland	3:45.00	19. Gerry OROURKE	60	Matlock	2:45.00
5. Stephen HANCOCK	58	Copeland	3:30.00	20. Andrew CARR	59	East Leeds	2:44.44
6. Sandra FLEMING	60	Durham City	3:16.40	21. Carol LOCK	40	Heart Of Mid	2:40.91
7. Christopher HANMER	46	Chirk	3:10.00	22. David SMITH	32	Silver City	2:40.00
8. Nicola HUGHES	51	Bellshill	3:10.00	23. Steven HORNER	53	Billingham	2:38.00
9. Louise KEETLEY	51	Middlesboro	3:09.72	24. Carly FRASER	33	Silver City	2:35.00
10. Paul GIBSON	60	Carlisle Aq	3:05.17	25. Kevin SMITH	61	Newcastle	2:34.10
11. Stephen MOFFATT	60	Dun City Aqu	3:01.00	26. Peter GERMAIN	43	Carlisle Aq	2:31.66
12. Helen GODFREY	48	Billingham	3:00.02	27. Emily NARDINI	38	Morpeth	2:30.62
13. Mark JONES	65	Warrington M	3:00.00	28. Christopher MALPASS	46	Trafford Met	2:30.00
14. Laura JOYCE	29	Preston	2:58.90	29. Nick VALENTINE	44	Derwent&Gate	2:24.00
15. Christopher GORMAN	52	Glasgow Nmnds	2:52.85				

#### EVENT 102 Mixed 800m Freestyle

1. Adam NICHOL	38	Copeland	17:00.00	14. Keith WATCHORN	55	Scotia	11:18.86
2. Lindsey BRADLEY	53	Carlisle Aq	14:41.00	15. Gerry OROURKE	60	Matlock	10:50.50
3. Gary HURR	64	Glasgow Wm	14:30.00	16. Mark JONES	65	Warrington M	10:45.00
4. Tom MCCULLOUGH	57	Asa Temp 2	14:00.00	17. Janet MCLEAN	52	Carnegie	10:30.50
5. Andy CHARGE	56	Billingham	14:00.00	18. Carol LOCK	40	Heart Of Mid	10:27.23
6. Allison ALLAN	56	Aberdeen	13:15.00	19. Joanne BEARDSWORTH	60	Harrogate	10:23.00
7. Lynne DAWSON	58	Chapelton	13:10.00	20. Abigail PANTRY	21	Carlisle Aq	10:21.16
8. Raechel HOGG	46	Billingham	13:00.00	21. Alison PRINGLE	28	Dumfries	10:18.10
9. Claire MURRAY	56	Dun City Aqu	12:50.00	22. Julian PLUMLEY	60	Newcastle	10:08.04
10. Verity DOBBIE	66	Derwent&Gate	12:35.33	23. Emily NARDINI	38	Morpeth	10:00.00
11. Nicola HUGHES	51	Bellshill	12:00.00	24. Stephen Gerard LAMB	33	Scotia	9:18.00
12. Joan EDWARDS	67	Derwent&Gate	11:35.21	25. John FRASER	24	Carlisle Aq	9:10.00
13. Karen MCBEATH	63	Silver City	11:31.37	26. Colin OVINGTON	56	Derwent&Gate	9:00.12

#### EVENT 103 Mixed 400m IM

1. Lynne DAWSON	58	Chapelton	7:50.00	9. Judith PEARSON	65	Carlisle Aq	6:14.00
2. Victoria GREEN	47	Durham City	7:50.00	10. Andrew CARR	59	East Leeds	5:55.55
3. Thomas HANSON	50	Northhall'ton	7:44.07	11. Gerry OROURKE	60	Matlock	5:50.50
4. Sarah TAYLOR	49	Middlesboro	6:55.00	12. Devin KELLETT	27	Silver City	5:45.98
5. Helen GODFREY	48	Billingham	6:35.00	13. Nicola LATTY	54	Holywell	5:40.00
6. Nicola HUGHES	51	Bellshill	6:30.00	14. Kevin SMITH	61	Newcastle	5:36.16
7. Antonino RUSSO	47	StaffordApex	6:30.00	15. Christopher MALPASS	46	Trafford Met	5:30.00
8. Mark JONES	65	Warrington M	6:15.00	16. Nick VALENTINE	44	Derwent&Gate	5:00.00

#### EVENT 104 Mixed 1500m Freestyle

1. Vanessa FOSTER	67	Carlisle Aq	29:16.58	11. Emma WILLERT	52	Trafford Met	25:00.00
2. Gary HURR	64	Glasgow Wm	28:00.00	12. Jennifer MOORE	49	Trafford Met	25:00.00
3. Thomas HANSON	50	Northhall'ton	27:29.02	13. Audrey COOPER	71	Silver City	23:10.00
4. Lorraine ROBERTS	41	Billingham	27:28.53	14. Sarah TAYLOR	49	Middlesboro	23:06.49
5. Diane CHANEY	63	Derwent&Gate	26:50.00	15. Christopher HANMER	46	Chirk	22:03.20
6. Dona SIMPSON	64	Harrogate	26:00.00	16. Graham KENNEDY	41	Boldon	21:40.00
7. Roy BARRY	44	Trafford Met	26:00.00	17. Christopher GORMAN	52	Glasgow Nmnds	21:15.00
8. Allison ALLAN	56	Aberdeen	26:00.00	18. Mark JONES	65	Warrington M	20:45.00
9. Gordon WALLACE	63	Ren 96	25:30.00	19. Colin OVINGTON	56	Derwent&Gate	17:16.91
10. Guy FAWKES	66	Billingham	25:08.31				

### Sunday 19<sup>th</sup> January 2025 (Warm Up 8.45am)

#### EVENT 201 Mixed 200m Backstroke

1.	Andy CHARGE	56	Billingham	3:50.00	12.	Janet MCLEAN	52	Carnegie	2:48.50
2.	Rachel BARTON	77	Trafford Met	3:35.00	13.	Maddison TUER	21	Workington	2:45.00
3.	Lynne DAWSON	58	Chapelton	3:35.00	14.	Laura JOYCE	29	Preston	2:42.92
4.	Lorraine ROBERTS	41	Billingham	3:15.81	15.	David SMITH	32	Silver City	2:40.00
5.	Louise KEETLEY	51	Middlesboro	3:11.61	16.	Dean HEAPS	33	Preston	2:36.71
6.	Joan EDWARDS	67	Derwent&Gate	3:11.00	17.	Carol LOCK	40	Heart Of Mid	2:36.28
7.	Nicola HUGHES	51	Bellshill	3:10.00	18.	Michael PEACOCK	38	Preston	2:30.80
8.	Mark JONES	65	Warrington M	3:00.00	19.	Nick VALENTINE	44	Derwent&Gate	2:25.00
9.	Emma JONES	38	Preston	3:00.00	20.	Stephen Gerard LAMB	33	Scotia	2:18.19
10.	Alison PRINGLE	28	Dumfries	2:55.00	21.	Devin KELLETT	27	Silver City	2:14.96
11.	Stephen MOFFATT	60	Dun City Aqu	2:49.00	22.	David PUGH	23	Workington	2:10.50

#### EVENT 202 Mixed 100m IM

1.	Lynn CAMPBELL	52	Scotia		27.	Bethany-Star COOPER	25	Boldon	1:21.52
2.	Hollie CODLING	30	Durham City		28.	Karen MCBEATH	63	Silver City	1:21.09
3.	Alex BROWN	81	Ashington	1:59.00	29.	Matthew GRANT	61	Derwent&Gate	1:20.00
4.	Andy BIRKETT	70	Asa Temp 2	1:52.54	30.	Scott NOBLE	57	Peebles	1:20.00
5.	Stephen HANCOCK	58	Copeland	1:50.00	31.	Laura JOYCE	29	Preston	1:19.85
6.	Gianfranco MAZZONI	65	Inverclyde M	1:49.57	32.	Richard SALMOND	55	Peebles	1:19.37
7.	Vanessa FOSTER	67	Carlisle Aq	1:48.23	33.	Christopher GORMAN	52	Glasgow Nmnds	1:18.19
8.	Alan ROBERTS	69	Inverclyde M	1:46.00	34.	Gabrielle BURDESS	27	Durham City	1:18.08
9.	Eleanor SUTTON	41	Copeland	1:45.00	35.	Nicola LATTY	54	Holywell	1:17.50
10.	Ben HARPER	47	Carlisle Aq	1:44.47	36.	Graham TEMPLE	37	Copeland	1:15.00
11.	Emma ARNOLD	22	RichmondDale	1:44.42	37.	Emma GETTINGS	24	Stokesley	1:13.73
12.	Stephen FOSTER	68	Carlisle Aq	1:40.00	38.	Carly FRASER	33	Silver City	1:12.00
13.	Tony GRAY	51	Newcastle	1:40.00	39.	Emily NARDINI	38	Morpeth	1:10.82
14.	Lindsey BRADLEY	53	Carlisle Aq	1:36.15	40.	Michael PEACOCK	38	Preston	1:10.51
15.	Megan OLSHEFSKI	32	Durham City	1:35.48	41.	Cameron John MURRAY	24	Dun City Aqu	1:10.00
16.	Sandra FLEMING	60	Durham City	1:33.10	42.	Peter GERMAIN	43	Carlisle Aq	1:09.91
17.	Aceilya BALLI CETINER	33	Durham City	1:30.87	43.	Anthony WYLIE	58	Co Liverpool	1:09.00
18.	Christopher WILLIAMS	50	Billingham	1:30.00	44.	Louisa ZOLKIEWSKI	32	Trafford Met	1:08.88
19.	Katherine HAWKRIGG	44	Copeland	1:30.00	45.	Steven HORNER	53	Billingham	1:08.00
20.	Patrick HALL	50	Penrith	1:29.93	46.	Christopher MALPASS	46	Trafford Met	1:08.00
21.	Gordon CHRISTIE	56	Scotia	1:28.03	47.	Dean HEAPS	33	Preston	1:07.58
22.	Paul GIBSON	60	Carlisle Aq	1:25.75	48.	Benjamin HERRING	33	Boldon	1:07.04
23.	Mark JONES	65	Warrington M	1:25.00	49.	Toby PATTON	21	Copeland	1:05.07
24.	Christopher HANMER	46	Chirk	1:24.60	50.	Elliot ROUTLEDGE	27	Workington	1:01.80
25.	Stephanie MCGUIGAN	43	Durham City	1:23.00	51.	Benjamin KEBBELL	27	Io Man	57.51
26.	Eilidh THOMSON	27	Dumfries	1:22.98					

#### EVENT 203 Mixed 50m Butterfly

1.	Alex BROWN	81	Ashington	55.00	20.	Delyth CUNNAH	57	Dun City Aqu	35.70
2.	Andy BIRKETT	70	Asa Temp 2	54.06	21.	Karen MCBEATH	63	Silver City	35.53
3.	Emma ARNOLD	22	RichmondDale	45.51	22.	Kelly JOHNSTONE	26	Workington	35.50
4.	Andy CHARGE	56	Billingham	45.00	23.	Wendy MELLETT	62	Chirk	35.50
5.	Jannette HENDERSON	55	Glasgow Nmnds	44.00	24.	Andrew ARMSTRONG	27	Boldon	35.22
6.	Lynn CAMPBELL	52	Scotia	42.67	25.	Marion BRYANT	30	Workington	35.00
7.	Claire MURRAY	56	Dun City Aqu	41.50	26.	Gabrielle BURDESS	27	Durham City	34.83
8.	Sandra FLEMING	60	Durham City	40.79	27.	Richard SALMOND	55	Peebles	34.64
9.	Mark JONES	65	Warrington M	40.00	28.	Natalie PALFREY	40	Middlesboro	34.03
10.	Joan EDWARDS	67	Derwent&Gate	39.00	29.	Michael PEACOCK	38	Preston	34.00
11.	Raechel HOGG	46	Billingham	38.45	30.	Janet MCLEAN	52	Carnegie	33.80
12.	Guy FAWKES	66	Billingham	38.09	31.	Judith PEARSON	65	Carlisle Aq	33.47
13.	Sarah TAYLOR	49	Middlesboro	38.00	32.	Keith WATCHORN	55	Scotia	33.21
14.	Nicola HUGHES	51	Bellshill	38.00	33.	Abigail PANTRY	21	Carlisle Aq	33.03
15.	Laura JOYCE	29	Preston	36.84	34.	Paul JONES	51	Morpeth	32.74
16.	Matthew GRANT	61	Derwent&Gate	36.00	35.	Jane GRANT	55	Dun City Aqu	32.51
17.	Scott NOBLE	57	Peebles	36.00	36.	Philip HAWKRIGG	50	Copeland	32.00
18.	Helen GODFREY	48	Billingham	36.00	37.	Cameron John MURRAY	24	Dun City Aqu	32.00
19.	Steven BREWER	61	York City	35.98	38.	Dean HEAPS	33	Preston	31.38

## Programme

39. Matthew HAYCROFT	40	Stokesley	31.27	47. Christopher MALPASS	46	Trafford Met	29.50
40. John PICKERING	40	Newcastle	31.20	48. Emily NARDINI	38	Morpeth	29.37
41. Stefan O'NEILL	35	Durham City	30.92	49. Kevin REYNARD	60	Silver City	29.00
42. Anna LOUGHLIN	24	Durham City	30.87	50. William APPELBY	43	Workington	28.50
43. Jack THIRLWELL	20	Co Sund'land	30.40	51. John FRASER	24	Carlisle Aq	28.50
44. Anthony SIMPSON	32	Boldon	30.10	52. Toby PATTON	21	Copeland	28.46
45. David CHANEY	57	Derwent&Gate	30.00	53. James CARR	44	Newcastle	28.00
46. Kevin SMITH	61	Newcastle	29.75				

### EVENT 204 Mixed 100m Breaststroke

1. Hollie CODLING	30	Durham City		18. Karen MCBEATH	63	Silver City	1:35.44
2. Judith ZOLKIEWSKI	68	Trafford Met	2:37.77	19. Laura JOYCE	29	Preston	1:35.26
3. Gail DAFFERN	75	Harrogate	2:05.00	20. Mark JONES	65	Warrington M	1:35.00
4. Lynn CAMPBELL	52	Scotia	1:53.79	21. David CHARLTON	44	Boldon	1:30.86
5. Vanessa FOSTER	67	Carlisle Aq	1:52.97	22. Graham KENNEDY	41	Boldon	1:29.00
6. Ros CAMPBELL	52	Silver City	1:50.60	23. Richard SALMOND	55	Peebles	1:28.12
7. Lynne DAWSON	58	Chapelton	1:50.00	24. Carol LOCK	40	Heart Of Mid	1:27.55
8. Eleanor SUTTON	41	Copeland	1:50.00	25. Kay STEPHENSON	47	Durham City	1:23.82
9. Stephen HANCOCK	58	Copeland	1:50.00	26. Andrew CARR	59	East Leeds	1:22.22
10. Rebecca CHAFFER	50	Perth Mas	1:44.40	27. Michael PEACOCK	38	Preston	1:20.00
11. Verity DOBBIE	66	Derwent&Gate	1:43.22	28. Myles CARTER	56	Middlesboro	1:19.00
12. Karen ROBERTSON	49	Carlisle Aq	1:41.27	29. Peter GERMAIN	43	Carlisle Aq	1:17.78
13. Jannette HENDERSON	55	Glasgow Nmds	1:40.80	30. David BRYANT	64	Woking	1:16.80
14. Sophie GANDY	23	Boldon	1:38.30	31. Luke RICHARDSON	32	Stokesley	1:16.50
15. Paul GIBSON	60	Carlisle Aq	1:38.21	32. Matthew HAYCROFT	40	Stokesley	1:16.50
16. Amy GANDY	23	Boldon	1:37.93	33. Dean HEAPS	33	Preston	1:11.37
17. Louise KEETLEY	51	Middlesboro	1:37.66				

### EVENT 205 Mixed 50m Backstroke

1. Megan OLSHEFSKI	32	Durham City		22. Delyth CUNNAH	57	Dun City Aqu	37.95
2. Andy BIRKETT	70	Asa Temp 2	53.79	23. Daniel HILL	50	Middlesboro	37.00
3. Gianfranco MAZZONI	65	Inverclyde M	53.00	24. Bethany-Star COOPER	25	Boldon	37.00
4. Alan ROBERTS	69	Inverclyde M	47.00	25. Graham TEMPLE	37	Copeland	36.00
5. Lorraine ROBERTS	41	Billingham	46.71	26. Laura JOYCE	29	Preston	35.81
6. Lindsey BRADLEY	53	Carlisle Aq	46.16	27. Abigail PANTRY	21	Carlisle Aq	35.81
7. Jannette HENDERSON	55	Glasgow Nmds	45.90	28. Stephen MOFFATT	60	Dun City Aqu	35.00
8. Kelly JOHNSTONE	26	Workington	45.35	29. Eve DOOTSON	23	Workington	34.79
9. Colin MACBAIN	63	Silver City	45.10	30. Jane GRANT	55	Dun City Aqu	34.74
10. Stephen FOSTER	68	Carlisle Aq	45.00	31. Carly FRASER	33	Silver City	34.30
11. Michael EDWARDS	65	Derwent&Gate	44.00	32. John PICKERING	40	Newcastle	33.55
12. Jessica CARR	19	Boldon	43.48	33. Emily NARDINI	38	Morpeth	32.60
13. Rachel BARTON	77	Trafford Met	43.00	34. Philip HAWKRIGG	50	Copeland	32.00
14. Patrick HALL	50	Penrith	41.09	35. Kevin REYNARD	60	Silver City	32.00
15. Mark JONES	65	Warrington M	41.00	36. Michael PEACOCK	38	Preston	31.75
16. Dean HEAPS	33	Preston	40.78	37. Toby PATTON	21	Copeland	31.46
17. Nicola HUGHES	51	Bellshill	40.00	38. Christopher MALPASS	46	Trafford Met	30.50
18. Katherine HAWKRIGG	44	Copeland	40.00	39. John FRASER	24	Carlisle Aq	30.04
19. Gary PICKERING	66	Co Sheffield	39.90	40. Louisa ZOLKIEWSKI	32	Trafford Met	30.00
20. Matthew GRANT	61	Derwent&Gate	39.00	41. David PUGH	23	Workington	29.10
21. Gordon CHRISTIE	56	Scotia	38.83				

### EVENT 206 Mixed 100m Freestyle

1. Megan OLSHEFSKI	32	Durham City		14. Karen ROBERTSON	49	Carlisle Aq	1:21.26
2. Gail DAFFERN	75	Harrogate	1:45.20	15. Christopher WILLIAMS	50	Billingham	1:20.00
3. Alex BROWN	81	Ashington	1:35.00	16. Guy FAWKES	66	Billingham	1:19.79
4. Vanessa FOSTER	67	Carlisle Aq	1:31.50	17. Verity DOBBIE	66	Derwent&Gate	1:19.33
5. Gianfranco MAZZONI	65	Inverclyde M	1:30.45	18. Emma WILLERT	52	Trafford Met	1:19.24
6. Emma ARNOLD	22	RichmondDale	1:30.38	19. Jennifer MOORE	49	Trafford Met	1:19.00
7. Colin MACBAIN	63	Silver City	1:29.00	20. Claire MURRAY	56	Dun City Aqu	1:18.55
8. Andy BIRKETT	70	Asa Temp 2	1:28.34	21. Kim RIDLEY	41	RichmondDale	1:18.00
9. Rebecca CHAFFER	50	Perth Mas	1:26.90	22. Jannette HENDERSON	55	Glasgow Nmds	1:16.58
10. Sandra FLEMING	60	Durham City	1:25.50	23. Sarah TAYLOR	49	Middlesboro	1:16.00
11. Ben HARPER	47	Carlisle Aq	1:25.45	24. Christopher HANMER	46	Chirk	1:15.92
12. Andy CHARGE	56	Billingham	1:22.00	25. Raechel HOGG	46	Billingham	1:15.86
13. Wendy MELLETT	62	Chirk	1:21.38	26. Louise KEETLEY	51	Middlesboro	1:15.15

## Programme

27. Lisa SHEEHAN	36	Billingham	1:15.00	53. Philip HAWKRIGG	50	Copeland	1:05.00
28. Tony GRAY	51	Newcastle	1:14.00	54. Cameron John MURRAY	24	Dun City Aqu	1:05.00
29. Victoria GREEN	47	Durham City	1:13.37	55. Michael PEACOCK	38	Preston	1:04.82
30. Chris BURROWS	49	Chirk	1:12.03	56. Jack THIRLWELL	20	Co Sund'land	1:04.52
31. Neville BARTON	71	Trafford Met	1:12.00	57. Jane GRANT	55	Dun City Aqu	1:04.38
32. Mark JONES	65	Warrington M	1:12.00	58. Stefan O'NEILL	35	Durham City	1:04.14
33. Eilidh THOMSON	27	Dumfries	1:11.05	59. Dean HEAPS	33	Preston	1:03.64
34. Laura JOYCE	29	Preston	1:10.86	60. Anna LOUGHLIN	24	Durham City	1:03.31
35. Rona EDWARDS	52	Newcastle	1:10.14	61. Graham TEMPLE	37	Copeland	1:03.16
36. Gary PICKERING	66	Co Sheffield	1:09.80	62. Steven HORNER	53	Billingham	1:03.00
37. Paul GIBSON	60	Carlisle Aq	1:09.59	63. Anthony WYLIE	58	Co Liverpool	1:02.50
38. Alison PRINGLE	28	Dumfries	1:09.35	64. John PICKERING	40	Newcastle	1:02.42
39. Scott NOBLE	57	Peebles	1:09.00	65. Anthony SIMPSON	32	Boldon	1:02.00
40. Matthew GRANT	61	Derwent&Gate	1:09.00	66. Nicholas ROBERTSON	29	Newcastle	1:02.00
41. Carol LOCK	40	Heart Of Mid	1:08.60	67. Kevin REYNARD	60	Silver City	1:02.00
42. Janet MCLEAN	52	Carnegie	1:08.20	68. Ian HENDERSON	46	Cockermouth	1:01.00
43. Keith WATCHORN	55	Scotia	1:07.86	69. Benjamin HERRING	33	Boldon	1:00.28
44. Richard SALMOND	55	Peebles	1:07.09	70. Christopher MALPASS	46	Trafford Met	1:00.00
45. Marion BRYANT	30	Workington	1:07.00	71. David CHANEY	57	Derwent&Gate	1:00.00
46. Abigail PANTRY	21	Carlisle Aq	1:06.29	72. James CARR	44	Newcastle	59.00
47. Emma GETTINGS	24	Stokesley	1:06.21	73. Alberto FATTACCIU	36	Newcastle	59.00
48. Daniel HILL	50	Middlesboro	1:06.00	74. Julian PLUMLEY	60	Newcastle	58.63
49. Mark KENT	40	Middlesboro	1:06.00	75. William APPLEBY	43	Workington	58.50
50. Christopher GORMAN	52	Glasgow Nmds	1:05.99	76. Luke RICHARDSON	32	Stokesley	58.50
51. Paul JONES	51	Morpeth	1:05.76	77. John FRASER	24	Carlisle Aq	57.00
52. Eve DOOTSON	23	Workington	1:05.05	78. Elliot ROUTLEDGE	27	Workington	55.34

### EVENT 207 Mixed 200m Butterfly

1. Lynne DAWSON	58	Chapelton	4:15.00	8. Dean HEAPS	33	Preston	2:52.39
2. Nicola HUGHES	51	Bellshill	3:45.00	9. David SMITH	32	Silver City	2:40.00
3. Laura JOYCE	29	Preston	3:17.20	10. Nicola LATTY	54	Holywell	2:39.50
4. Mark JONES	65	Warrington M	3:15.00	11. Kevin SMITH	61	Newcastle	2:29.75
5. Helen GODFREY	48	Billingham	3:11.00	12. Stephen Gerard LAMB	33	Scotia	2:24.39
6. Michael PEACOCK	38	Preston	3:02.78	13. Nick VALENTINE	44	Derwent&Gate	2:20.00
7. Judith PEARSON	65	Carlisle Aq	2:53.50				

### Sunday 19<sup>th</sup> January 2025 (Warm Up 1pm)

#### EVENT 301 Mixed 200m Breaststroke

1.	Hollie CODLING	30	Durham City		13.	Chris BURROWS	49	Chirk	3:19.81
2.	Gail DAFFERN	75	Harrogate	4:45.00	14.	Nicola HUGHES	51	Bellshill	3:15.00
3.	Eleanor SUTTON	41	Copeland	4:10.00	15.	Nicola LATTY	54	Holywell	3:10.50
4.	Lynne DAWSON	58	Chapelton	3:55.00	16.	Kay STEPHENSON	47	Durham City	3:02.98
5.	Dona SIMPSON	64	Harrogate	3:55.00	17.	Christopher MALPASS	46	Trafford Met	3:00.00
6.	Sarah TAYLOR	49	Middlesboro	3:46.00	18.	Michael PEACOCK	38	Preston	2:59.89
7.	Jannette HENDERSON	55	Glasgow Nmds	3:36.98	19.	David BRYANT	64	Woking	2:57.90
8.	Laura JOYCE	29	Preston	3:27.31	20.	Andrew CARR	59	East Leeds	2:55.55
9.	Christopher HANMER	46	Chirk	3:25.37	21.	Carly FRASER	33	Silver City	2:55.00
10.	Karen MCBEATH	63	Silver City	3:23.51	22.	Stephen Gerard LAMB	33	Scotia	2:37.73
11.	Devin KELLETT	27	Silver City	3:20.01	23.	Dean HEAPS	33	Preston	2:35.87
12.	Mark JONES	65	Warrington M	3:20.00	24.	Matthew STEPHENSON	35	Heart Of Mid	2:35.00

#### EVENT 302 Mixed 100m Butterfly

1.	Lynne DAWSON	58	Chapelton	1:56.00	16.	Jane GRANT	55	Dun City Aqu	1:13.95
2.	Stuart MCGURK	64	Kendal	1:53.85	17.	Peter GERMAIN	43	Carlisle Aq	1:11.83
3.	Lynn CAMPBELL	52	Scotia	1:45.34	18.	Emma GETTINGS	24	Stokesley	1:10.56
4.	Stephen HANCOCK	58	Copeland	1:45.00	19.	Jack THIRLWELL	20	Co Sund'land	1:10.00
5.	Sarah TAYLOR	49	Middlesboro	1:31.00	20.	Anthony WYLIE	58	Co Liverpool	1:09.00
6.	Mark JONES	65	Warrington M	1:30.00	21.	Anna LOUGHLIN	24	Durham City	1:08.78
7.	Emma JONES	38	Preston	1:30.00	22.	Anthony SIMPSON	32	Boldon	1:08.00
8.	Laura JOYCE	29	Preston	1:29.03	23.	Kevin REYNARD	60	Silver City	1:07.00
9.	Marion BRYANT	30	Workington	1:25.00	24.	David SMITH	32	Silver City	1:06.00
10.	Karen MCBEATH	63	Silver City	1:22.69	25.	Kevin SMITH	61	Newcastle	1:04.81
11.	Michael PEACOCK	38	Preston	1:20.47	26.	James CARR	44	Newcastle	1:04.00
12.	Matthew GRANT	61	Derwent&Gate	1:20.00	27.	John FRASER	24	Carlisle Aq	1:03.50
13.	Judith PEARSON	65	Carlisle Aq	1:15.80	28.	Louisa ZOLKIEWSKI	32	Trafford Met	1:02.29
14.	Dean HEAPS	33	Preston	1:15.65	29.	Elliot ROUTLEDGE	27	Workington	1:00.49
15.	Philip HAWKRIGG	50	Copeland	1:15.00					

#### EVENT 303 Mixed 50m Freestyle

1.	Rebecca ANDERSON	32	Carlisle Aq		30.	Sarah TAYLOR	49	Middlesboro	34.94
2.	Hollie CODLING	30	Durham City		31.	Lisa SHEEHAN	36	Billingham	34.51
3.	Judith ZOLKIEWSKI	68	Trafford Met	1:02.52	32.	Christopher WILLIAMS	50	Billingham	34.50
4.	Gail DAFFERN	75	Harrogate	46.76	33.	Colin MACBAIN	63	Silver City	34.40
5.	Vanessa FOSTER	67	Carlisle Aq	45.00	34.	Sophie GANDY	23	Boldon	34.33
6.	Gianfranco MAZZONI	65	Inverclyde M	40.25	35.	Patrick HALL	50	Penrith	34.05
7.	Emma ARNOLD	22	RichmondDale	40.00	36.	Michael EDWARDS	65	Derwent&Gate	34.00
8.	Eleanor SUTTON	41	Copeland	40.00	37.	Mark JONES	65	Warrington M	34.00
9.	Adam NICHOL	38	Copeland	40.00	38.	Raechel HOGG	46	Billingham	33.89
10.	Stuart MCGURK	64	Kendal	39.67	39.	Jannette HENDERSON	55	Glasgow Nmds	33.68
11.	Andy BIRKETT	70	Asa Temp 2	39.39	40.	David CHARLTON	44	Boldon	33.60
12.	Rebecca CHAFFER	50	Perth Mas	38.10	41.	Andy CHARGE	56	Billingham	33.50
13.	Megan OLSHEFSKI	32	Durham City	37.89	42.	Victoria GREEN	47	Durham City	33.00
14.	Ben HARPER	47	Carlisle Aq	37.74	43.	Chris BURROWS	49	Chirk	32.60
15.	Jessica CARR	19	Boldon	37.47	44.	Bethany-Star COOPER	25	Boldon	32.51
16.	Lindsey BRADLEY	53	Carlisle Aq	36.97	45.	Karen MCBEATH	63	Silver City	32.47
17.	Sandra FLEMING	60	Durham City	36.74	46.	Richard SALMOND	55	Peebles	32.04
18.	Karen ROBERTSON	49	Carlisle Aq	36.73	47.	Matthew GRANT	61	Derwent&Gate	32.00
19.	Claire MURRAY	56	Dun City Aqu	36.34	48.	Judith PEARSON	65	Carlisle Aq	31.73
20.	Guy FAWKES	66	Billingham	36.19	49.	Gordon CHRISTIE	56	Scotia	31.56
21.	Jennifer MOORE	49	Trafford Met	36.00	50.	Rona EDWARDS	52	Newcastle	31.52
22.	Tony GRAY	51	Newcastle	36.00	51.	Stephen MOFFATT	60	Dun City Aqu	31.50
23.	Nicola HUGHES	51	Bellshill	36.00	52.	Paul GIBSON	60	Carlisle Aq	31.37
24.	Joan EDWARDS	67	Derwent&Gate	35.73	53.	Gabrielle BURDESS	27	Durham City	31.25
25.	Emma WILLERT	52	Trafford Met	35.38	54.	Laura JOYCE	29	Preston	31.11
26.	Amy GANDY	23	Boldon	35.08	55.	Natalie PALFREY	40	Middlesboro	30.80
27.	Katherine HAWKRIGG	44	Copeland	35.00	56.	Gary PICKERING	66	Co Sheffield	30.56
28.	Neville BARTON	71	Trafford Met	35.00	57.	Abigail PANTRY	21	Carlisle Aq	30.55
29.	Wendy MELLETT	62	Chirk	34.99	58.	Delyth CUNNAH	57	Dun City Aqu	30.50

## Programme

59. Daniel HILL	50	Middlesboro	30.00	75. Nicholas ROBERTSON	29	Newcastle	28.00
60. Cameron John MURRAY	24	Dun City Aqu	30.00	76. Ian HENDERSON	46	Cockermouth	28.00
61. Andrew ARMSTRONG	27	Boldon	29.89	77. Christopher MALPASS	46	Trafford Met	27.90
62. Keith WATCHORN	55	Scotia	29.66	78. Jack THIRLWELL	20	Co Sund'land	27.82
63. Christopher GORMAN	52	Glasgow Nmds	29.54	79. Kevin REYNARD	60	Silver City	27.80
64. Michael PEACOCK	38	Preston	29.50	80. Stefan O'NEILL	35	Durham City	27.79
65. Jane GRANT	55	Dun City Aqu	29.34	81. David CHANEY	57	Derwent&Gate	27.50
66. Eve DOOTSON	23	Workington	29.34	82. Emily NARDINI	38	Morpeth	27.35
67. John PICKERING	40	Newcastle	29.02	83. Julian PLUMLEY	60	Newcastle	27.12
68. Graham KENNEDY	41	Boldon	29.00	84. John FRASER	24	Carlisle Aq	27.00
69. Philip HAWKRIGG	50	Copeland	29.00	85. Luke RICHARDSON	32	Stokesley	26.60
70. Steven HORNER	53	Billingham	28.50	86. Toby PATTON	21	Copeland	26.50
71. Mark KENT	40	Middlesboro	28.39	87. William APPELBY	43	Workington	26.42
72. Graham TEMPLE	37	Copeland	28.33	88. Alberto FATTACCIU	36	Newcastle	26.00
73. Dean HEAPS	33	Preston	28.20	89. Benjamin HERRING	33	Boldon	25.88
74. Anthony SIMPSON	32	Boldon	28.20	90. James CARR	44	Newcastle	25.50

### EVENT 304 Mixed 100m Backstroke

1. Stuart MCGURK	64	Kendal	1:58.86	15. Stephen MOFFATT	60	Dun City Aqu	1:16.00
2. Sarah TAYLOR	49	Middlesboro	1:48.00	16. Carol LOCK	40	Heart Of Mid	1:15.84
3. Stephen FOSTER	68	Carlisle Aq	1:46.00	17. Dean HEAPS	33	Preston	1:15.82
4. Rachel BARTON	77	Trafford Met	1:38.00	18. Philip HAWKRIGG	50	Copeland	1:15.00
5. Lorraine ROBERTS	41	Billingham	1:34.02	19. Paul JONES	51	Morpeth	1:15.00
6. Steven BREWER	61	York City	1:33.47	20. Eve DOOTSON	23	Workington	1:15.00
7. Louise KEETLEY	51	Middlesboro	1:29.24	21. Peter GERMAIN	43	Carlisle Aq	1:13.49
8. Mark JONES	65	Warrington M	1:28.00	22. Anthony WYLIE	58	Co Liverpool	1:10.00
9. Acelya BALLI CETINER	33	Durham City	1:25.00	23. Maddison TUER	21	Workington	1:09.73
10. Judith PEARSON	65	Carlisle Aq	1:20.31	24. Michael PEACOCK	38	Preston	1:07.57
11. Gabrielle BURDESS	27	Durham City	1:18.77	25. John FRASER	24	Carlisle Aq	1:06.00
12. Alison PRINGLE	28	Dumfries	1:17.74	26. David PUGH	23	Workington	59.50
13. Laura JOYCE	29	Preston	1:17.58	27. Benjamin KEBBELL	27	lo Man	57.78
14. Nicola LATTY	54	Holywell	1:17.50				

### EVENT 305 Mixed 50m Breaststroke

1. Hollie CODLING	30	Durham City		25. Judith PEARSON	65	Carlisle Aq	42.51
2. Andy BIRKETT	70	Asa Temp 2	55.44	26. Natalie PALFREY	40	Middlesboro	41.54
3. Stuart MCGURK	64	Kendal	55.24	27. Christopher HANMER	46	Chirk	41.12
4. Gail DAFFERN	75	Harrogate	55.00	28. Matthew GRANT	61	Derwent&Gate	41.00
5. Vanessa FOSTER	67	Carlisle Aq	55.00	29. David CHARLTON	44	Boldon	40.90
6. Adam NICHOL	38	Copeland	55.00	30. Delyth CUNNAH	57	Dun City Aqu	40.43
7. Gianfranco MAZZONI	65	Inverclyde M	54.15	31. Chris BURROWS	49	Chirk	39.56
8. Ros CAMPBELL	52	Silver City	53.90	32. Andrew ARMSTRONG	27	Boldon	39.24
9. Rebecca CHAFFER	50	Perth Mas	48.42	33. Christopher WILLIAMS	50	Billingham	39.00
10. Alan ROBERTS	69	Inverclyde M	48.00	34. Kay STEPHENSON	47	Durham City	38.95
11. Karen ROBERTSON	49	Carlisle Aq	47.82	35. Richard SALMOND	55	Peebles	38.40
12. Lynn CAMPBELL	52	Scotia	47.21	36. Graham KENNEDY	41	Boldon	38.00
13. Lindsey BRADLEY	53	Carlisle Aq	46.35	37. Mark KENT	40	Middlesboro	37.78
14. Ben HARPER	47	Carlisle Aq	46.10	38. Graham TEMPLE	37	Copeland	37.46
15. Verity DOBBIE	66	Derwent&Gate	45.94	39. Michael PEACOCK	38	Preston	37.26
16. Sophie GANDY	23	Boldon	45.47	40. Christopher MALPASS	46	Trafford Met	36.50
17. Paul GIBSON	60	Carlisle Aq	45.43	41. Myles CARTER	56	Middlesboro	35.50
18. Colin MACBAIN	63	Silver City	45.40	42. Carly FRASER	33	Silver City	35.00
19. Laura JOYCE	29	Preston	45.34	43. Toby PATTON	21	Copeland	34.81
20. Jannette HENDERSON	55	Glasgow Nmds	45.20	44. Matthew HAYCROFT	40	Stokesley	34.06
21. Nicola HUGHES	51	Bellshill	45.00	45. David BRYANT	64	Woking	34.00
22. Amy GANDY	23	Boldon	43.91	46. Dean HEAPS	33	Preston	33.11
23. Mark JONES	65	Warrington M	43.00	47. Alberto FATTACCIU	36	Newcastle	33.00
24. Patrick HALL	50	Penrith	43.00	48. Luke RICHARDSON	32	Stokesley	32.65

### EVENT 306 Mixed 200m Freestyle

1. Gail DAFFERN	75	Harrogate	4:00.00
2. Stuart MCGURK	64	Kendal	3:24.96
3. Andy BIRKETT	70	Asa Temp 2	3:22.79
4. Rebecca CHAFFER	50	Perth Mas	3:11.12
5. Ben HARPER	47	Carlisle Aq	3:10.16

**Programme**

6.	Wendy MELLETT	62	Chirk	3:07.19
7.	Lynne DAWSON	58	Chapelton	3:05.00
8.	Andy CHARGE	56	Billingham	3:04.00
9.	Sandra FLEMING	60	Durham City	3:02.92
10.	Lorraine ROBERTS	41	Billingham	3:01.95
11.	Emma ARNOLD	22	RichmondDale	3:00.00
12.	Verity DOBBIE	66	Derwent&Gate	2:57.51
13.	Emma WILLERT	52	Trafford Met	2:57.04
14.	Jennifer MOORE	49	Trafford Met	2:57.00
15.	Jannette HENDERSON	55	Glasgow Nmds	2:54.00
16.	Kim RIDLEY	41	RichmondDale	2:53.00
17.	Guy FAWKES	66	Billingham	2:50.63
18.	Claire MURRAY	56	Dun City Aqu	2:50.30
19.	Nicola HUGHES	51	Bellshill	2:50.00
20.	Raechel HOGG	46	Billingham	2:48.34
21.	Lisa SHEEHAN	36	Billingham	2:46.75
22.	Emma JONES	38	Preston	2:45.00
23.	Joan EDWARDS	67	Derwent&Gate	2:42.06
24.	Louise KEETLEY	51	Middlesboro	2:40.49
25.	Laura JOYCE	29	Preston	2:39.12
26.	Rona EDWARDS	52	Newcastle	2:34.20
27.	Eilidh THOMSON	27	Dumfries	2:33.96
28.	Scott NOBLE	57	Peebles	2:30.00
29.	Mark JONES	65	Warrington M	2:30.00
30.	Cameron John MURRAY	24	Dun City Aqu	2:30.00
31.	Marion BRYANT	30	Workington	2:30.00
32.	Christopher GORMAN	52	Glasgow Nmds	2:29.72
33.	Carol LOCK	40	Heart Of Mid	2:28.62
34.	Jane GRANT	55	Dun City Aqu	2:26.76
35.	Alison PRINGLE	28	Dumfries	2:26.18
36.	Daniel HILL	50	Middlesboro	2:25.00
37.	Kevin REYNARD	60	Silver City	2:24.00
38.	Michael PEACOCK	38	Preston	2:20.38
39.	David CHANEY	57	Derwent&Gate	2:20.00
40.	John PICKERING	40	Newcastle	2:20.00
41.	William APPLEBY	43	Workington	2:19.50
42.	Kevin SMITH	61	Newcastle	2:18.91
43.	Dean HEAPS	33	Preston	2:18.11
44.	Louisa ZOLKIEWSKI	32	Trafford Met	2:14.75
45.	Emily NARDINI	38	Morpeth	2:14.49
46.	Julian PLUMLEY	60	Newcastle	2:13.59
47.	John FRASER	24	Carlisle Aq	2:05.00
48.	David PUGH	23	Workington	2:01.10
49.	Elliot ROUTLEDGE	27	Workington	2:01.02
50.	Stephen Gerard LAMB	33	Scotia	2:00.02