



2016 Cumbria County Championships and Age Groups

Session 2 results – Saturday 6th February

EVENT 3 Boys 10 Yrs/Over 100m IM

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Thomas Millburn	18	Cockermouth	59.93
2.	Connor Joyce	16	Cockermouth	1:01.52
3.	Jake Fabi	17	Penrith	1:01.82
4.	Oliver Smith	20	Cockermouth	1:01.84
5.	Charles McSkeane	18	Cockermouth	1:02.28
6.	Elliot Routledge	18	Cockermouth	1:02.79
7.	Tom Robinson	16	Ulverston	1:03.19
8.	Daniel Tait	18	Carlisle Aq	1:05.85
9.	Nathan Watson	16	Cockermouth	1:06.00
10.	Joel Sinclair	14	Carlisle Aq	1:06.07
11.	Owen Minnican	15	Barrow	1:06.18
12.	Andrew Mullins	18	Carlisle Aq	1:06.51
13.	Daniel Armstrong	17	Kendal	1:06.65
14.	Jack Dixon	15	Workington	1:08.68
15.	Pierce Greening	13	Cockermouth	1:08.79
16.	Luke Jackson	14	Cockermouth	1:09.29
17.	Ben Gilmore	16	Cockermouth	1:09.64
18.	Jack Edwards	15	Cockermouth	1:09.74
19.	William Smith	18	Carlisle Aq	1:09.80
20.	Ethan Nunn	14	Barrow	1:09.94
21.	Joshua Turner	15	Ulverston	1:10.05
22.	Roan Greening	14	Cockermouth	1:10.33
23.	Isaac Hinde	15	Copeland	1:11.17
24.	Niall Cush	15	Ulverston	1:11.63
25.	John Fraser	15	Carlisle Aq	1:11.74
26.	Jack Smith	12	Carlisle Aq	1:11.75
27.	James Amor	15	Copeland	1:12.17
28.	Matthew Whitehead	14	Carlisle Aq	1:12.57
29.	Ben Jenkinson	13	Cockermouth	1:12.67
30.	William Fidalgo-Hull	14	Cockermouth	1:12.71
30.	Declan Burney	13	Cockermouth	1:12.71
32.	Oliver Sargeant	14	Kendal	1:13.92
33.	Ross Hemsley	14	Workington	1:14.84
34.	Samuel Greenbank	13	Cockermouth	1:15.67
35.	Evan Holt	13	Cockermouth	1:19.65
36.	Elliot Sinclair	12	Carlisle Aq	1:20.50
37.	Elliot Woodburn	11	Kendal	1:20.55
38.	Sam Gallagher	12	Barrow	1:21.17
39.	Dylan Hind	12	Cockermouth	1:21.43
40.	Reggie Steele	11	Cockermouth	1:26.18
41.	Finley Quayle	11	Copeland	1:26.84
	Charlie Gallagher	10	Barrow	DQ
	Jack Ivison	15	Cockermouth	DQ

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
	Charlie Gallagher	10	Barrow	DQ

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Elliot Woodburn	11	Kendal	1:20.55
2.	Reggie Steele	11	Cockermouth	1:26.18
3.	Finley Quayle	11	Copeland	1:26.84

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jack Smith	12	Carlisle Aq	1:11.75
2.	Elliot Sinclair	12	Carlisle Aq	1:20.50
3.	Sam Gallagher	12	Barrow	1:21.17
4.	Dylan Hind	12	Cockermouth	1:21.43

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Pierce Greening	13	Cockermouth	1:08.79
2.	Ben Jenkinson	13	Cockermouth	1:12.67
3.	Declan Burney	13	Cockermouth	1:12.71
4.	Samuel Greenbank	13	Cockermouth	1:15.67
5.	Evan Holt	13	Cockermouth	1:19.65

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joel Sinclair	14	Carlisle Aq	1:06.07
2.	Luke Jackson	14	Cockermouth	1:09.29
3.	Ethan Nunn	14	Barrow	1:09.94
4.	Roan Greening	14	Cockermouth	1:10.33
5.	Matthew Whitehead	14	Carlisle Aq	1:12.57
6.	William Fidalgo-Hull	14	Cockermouth	1:12.71
7.	Oliver Sargeant	14	Kendal	1:13.92
8.	Ross Hemsley	14	Workington	1:14.84



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15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Owen Minnican	15	Barrow	1:06.18
2.	Jack Dixon	15	Workington	1:08.68
3.	Jack Edwards	15	Cockermouth	1:09.74
4.	Joshua Turner	15	Ulverston	1:10.05
5.	Isaac Hinde	15	Copeland	1:11.17
6.	Niall Cush	15	Ulverston	1:11.63
7.	John Fraser	15	Carlisle Aq	1:11.74
8.	James Amor	15	Copeland	1:12.17
	Jack Ivison	15	Cockermouth	DQ

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Thomas Millburn	18	Cockermouth	59.93
2.	Connor Joyce	16	Cockermouth	1:01.52
3.	Jake Fabi	17	Penrith	1:01.82
4.	Oliver Smith	20	Cockermouth	1:01.84
5.	Charles McSkeane	18	Cockermouth	1:02.28
6.	Elliot Routledge	18	Cockermouth	1:02.79
7.	Tom Robinson	16	Ulverston	1:03.19
8.	Daniel Tait	18	Carlisle Aq	1:05.85
9.	Nathan Watson	16	Cockermouth	1:06.00
10.	Andrew Mullins	18	Carlisle Aq	1:06.51
11.	Daniel Armstrong	17	Kendal	1:06.65
12.	Ben Gilmore	16	Cockermouth	1:09.64
13.	William Smith	18	Carlisle Aq	1:09.80

EVENT 4 Girls 10 Yrs/Over 50m Breaststroke

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Rebecca Wilson	14	Copeland	35.96
2.	Ruth McEwen	17	Barrow	36.19
3.	Zara McKnight	17	Carlisle Aq	36.36
4.	Sophie Huggon	13	Carlisle Aq	37.13
5.	Rhiannon Ellis	17	Ulverston	37.66
6.	Abbie Winstanley	14	Workington	38.00
7.	Megan Jones	13	Kendal	38.14
8.	Eve Dootson	14	Cockermouth	38.56
9.	Annabelle McBratney	17	Barrow	38.73
10.	Louisa Sinclair	16	Carlisle Aq	38.74
11.	Indya Sharp	13	Ulverston	39.53
12.	Sydney Atkinson	14	Barrow	40.02
13.	Rebecca Amor	13	Copeland	40.15
14.	Zara Postlethwaite	14	Copeland	40.49
15.	Jessica Prokas	11	Carlisle Aq	40.68
16.	Naomi Ward	12	Carlisle Aq	40.87
17.	Georgina Milburn	15	Ulverston	41.05
18.	Molly Hale	16	Penrith	41.28
19.	Anya Storey	12	Carlisle Aq	41.57
20.	Josie Johnson	13	Kendal	41.89
21.	Anya Sharp	14	Ulverston	41.94
22.	Naomi Peers	13	Cockermouth	42.14
23.	Shannon Parker	12	Ulverston	42.30
24.	Lucy Sargeant	12	Kendal	42.50
25.	Bethan Rowley	13	Kendal	42.80
26.	Alice Eastwood	13	Kendal	42.85
27.	Lois Postlethwaite	13	Barrow	42.96
27.	Neve Richardson	15	Copeland	42.96
29.	Imarni Barker	13	Workington	43.01
30.	Talia Holliday	12	Workington	43.02
31.	Sarah Hale	13	Penrith	43.07
32.	Caitlin Poulson	17	Penrith	43.20
33.	Emily Westmorland	13	Kendal	43.58
34.	Amelia Mardel	11	Ulverston	43.87
35.	Harriet Lory	11	Cockermouth	44.09
36.	Maisie Allonby	12	Ulverston	44.13
37.	Faye Milburn	11	Carlisle Aq	44.99
38.	Georgia Sunley	13	Cockermouth	45.09
39.	Alicia Fidalgo-Hull	13	Cockermouth	45.15
40.	Megan Sibbald	12	Workington	45.33
41.	Felicity Boyle	10	Ulverston	45.47
42.	Caitlin Deegan	12	Kendal	46.22
43.	Amelia Bell	11	Carlisle Aq	47.68
44.	Jamie-Leigh Tyson	10	Barrow	50.24
45.	Imogen Stoker	10	Ulverston	51.47
46.	Millie Sandham	10	Workington	51.70
	Alix Knagg	18	Ulverston	DNC

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Felicity Boyle	10	Ulverston	45.47
2.	Jamie-Leigh Tyson	10	Barrow	50.24
3.	Imogen Stoker	10	Ulverston	51.47
4.	Millie Sandham	10	Workington	51.70



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11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jessica Prokas	11	Carlisle Aq	40.68
2.	Amelia Mardel	11	Ulverston	43.87
3.	Harriet Lory	11	Cockermouth	44.09
4.	Faye Milburn	11	Carlisle Aq	44.99
5.	Amelia Bell	11	Carlisle Aq	47.68

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Naomi Ward	12	Carlisle Aq	40.87
2.	Anya Storey	12	Carlisle Aq	41.57
3.	Shannon Parker	12	Ulverston	42.30
4.	Lucy Sargeant	12	Kendal	42.50
5.	Talia Holliday	12	Workington	43.02
6.	Maisie Allonby	12	Ulverston	44.13
7.	Megan Sibbald	12	Workington	45.33
8.	Caitlin Deegan	12	Kendal	46.22

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Sophie Huggon	13	Carlisle Aq	37.13
2.	Megan Jones	13	Kendal	38.14
3.	Indya Sharp	13	Ulverston	39.53
4.	Rebecca Amor	13	Copeland	40.15
5.	Josie Johnson	13	Kendal	41.89
6.	Naomi Peers	13	Cockermouth	42.14
7.	Bethan Rowley	13	Kendal	42.80
8.	Alice Eastwood	13	Kendal	42.85
9.	Lois Postlethwaite	13	Barrow	42.96
10.	Imami Barker	13	Workington	43.01
11.	Sarah Hale	13	Penrith	43.07
12.	Emily Westmorland	13	Kendal	43.58
13.	Georgia Sunley	13	Cockermouth	45.09
14.	Alicia Fidalgo-Hull	13	Cockermouth	45.15

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Rebecca Wilson	14	Copeland	35.96
2.	Abbie Winstanley	14	Workington	38.00
3.	Eve Dootson	14	Cockermouth	38.56
4.	Sydney Atkinson	14	Barrow	40.02
5.	Zara Postlethwaite	14	Copeland	40.49
6.	Anya Sharp	14	Ulverston	41.94

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Georgina Milburn	15	Ulverston	41.05
2.	Neve Richardson	15	Copeland	42.96

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ruth McEwen	17	Barrow	36.19
2.	Zara McKnight	17	Carlisle Aq	36.36
3.	Rhiannon Ellis	17	Ulverston	37.66
4.	Annabelle McBratney	17	Barrow	38.73
5.	Louisa Sinclair	16	Carlisle Aq	38.74
6.	Molly Hale	16	Penrith	41.28
7.	Caitlin Poulson	17	Penrith	43.20
	Alix Knagg	18	Ulverston	DNC

EVENT 5 Boys 10 Yrs/Over 200m Backstroke

10 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Owen Minnican	15	Barrow	2:09.84	30.06	1:03.09	1:36.91
2.	Elliot Routledge	18	Cockermouth	2:13.18	31.47	1:05.46	1:40.59
3.	Nathan Watson	16	Cockermouth	2:15.46	31.19	1:06.02	1:41.13
4.	Oliver Smith	20	Cockermouth	2:17.51	31.17	1:05.42	1:41.37
5.	Daniel Tait	18	Carlisle Aq	2:18.52	31.94	1:07.01	1:43.24
6.	Jake Fabi	17	Penrith	2:18.62	33.35	1:09.33	1:43.72
7.	Tom Robinson	16	Ulverston	2:19.12	32.37	1:08.46	1:44.36
8.	Roan Greening	14	Cockermouth	2:20.48	33.99	1:09.90	1:46.20
9.	Connor Joyce	16	Cockermouth	2:20.75	32.11	1:08.06	1:44.52
10.	Luke Jackson	14	Cockermouth	2:21.23	34.16	1:09.62	1:45.39
11.	Ben Gilmore	16	Cockermouth	2:21.65	33.11	1:08.91	1:45.70
12.	Pierce Greening	13	Cockermouth	2:22.01	34.62	1:10.51	1:46.45
13.	Joel Sinclair	14	Carlisle Aq	2:24.29	34.67	1:11.42	1:48.75
14.	Jack Ivison	15	Cockermouth	2:24.50	33.51	1:09.72	1:47.23
15.	Ben Jenkinson	13	Cockermouth	2:25.70	35.26	1:12.03	1:49.38
16.	Jack Edwards	15	Cockermouth	2:27.25	34.35	1:11.79	1:50.30
16.	Alex Thompson	14	Barrow	2:27.25	35.63	1:13.93	1:51.35
18.	Joshua Turner	15	Ulverston	2:28.44	32.95	1:10.08	1:48.82
19.	Samuel Greenbank	13	Cockermouth	2:30.03	35.39	1:14.07	1:53.12
20.	Declan Burney	13	Cockermouth	2:31.06	36.20	1:14.87	1:53.17
21.	William Fidalgo-Hull	14	Cockermouth	2:31.57	36.84	1:15.88	1:55.28



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22. Matthew Whitehead	14	Carlisle Aq	2:32.11	35.38	1:13.20	1:53.22
23. Isaac Hinde	15	Copeland	2:32.59	35.68	1:15.59	1:55.48
24. Kes Fountain	14	Penrith	2:36.05	36.56	1:16.45	1:57.04
25. Jack Smith	12	Carlisle Aq	2:37.95	37.47	1:17.90	1:59.17
26. Ethan Nunn	14	Barrow	2:39.36	35.80	1:16.38	1:59.01
27. Evan Holt	13	Cockermouth	2:41.95	38.52	1:19.61	2:01.13
28. Matthew Minnican	12	Barrow	2:44.31	38.16	1:20.48	2:03.26
29. Thomas Klijn	14	Kendal	2:45.87	38.05	1:20.90	2:04.58
30. Christopher Cowing	13	Carlisle Aq	2:49.95	39.45	1:22.21	2:06.18
31. Elliot Woodburn	11	Kendal	2:50.53	40.64	1:24.85	2:09.60
32. Luke Pratt	13	Barrow	2:51.28	39.56	1:23.92	2:09.76
33. Dylan Hind	12	Cockermouth	2:52.60	41.25	1:25.03	2:09.85
34. Sam Gallagher	12	Barrow	2:54.38	42.41	1:27.65	2:12.91
35. Jacob Klijn	12	Kendal	2:54.43	41.53	1:26.14	2:12.71
36. Peter Brown	12	Copeland	3:00.78	41.31	1:28.13	2:16.22
37. Alex Tallon	12	Kendal	3:01.35	42.37	1:27.68	2:14.38
38. Reggie Steele	11	Cockermouth	3:01.44	43.96	1:30.68	2:18.01
39. Matthew Hall	11	Workington	3:06.53	43.18	1:31.46	2:21.68
40. Charlie Gallagher	10	Barrow	3:09.37	53.64	1:34.23	2:33.18
41. Finley Quayle	11	Copeland	3:14.84	45.32	1:35.35	2:26.38
42. Rhys Jackson	10	Cockermouth	3:22.47	46.56	1:38.49	2:30.57
Elliot Sinclair	12	Carlisle Aq	DQ			
John Fraser	15	Carlisle Aq	DQ			

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Charlie Gallagher	10	Barrow	3:09.37	53.64	1:34.23	2:33.18
2.	Rhys Jackson	10	Cockermouth	3:22.47	46.56	1:38.49	2:30.57

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Elliot Woodburn	11	Kendal	2:50.53	40.64	1:24.85	2:09.60
2.	Reggie Steele	11	Cockermouth	3:01.44	43.96	1:30.68	2:18.01
3.	Matthew Hall	11	Workington	3:06.53	43.18	1:31.46	2:21.68
4.	Finley Quayle	11	Copeland	3:14.84	45.32	1:35.35	2:26.38

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Jack Smith	12	Carlisle Aq	2:37.95	37.47	1:17.90	1:59.17
2.	Matthew Minnican	12	Barrow	2:44.31	38.16	1:20.48	2:03.26
3.	Dylan Hind	12	Cockermouth	2:52.60	41.25	1:25.03	2:09.85
4.	Sam Gallagher	12	Barrow	2:54.38	42.41	1:27.65	2:12.91
5.	Jacob Klijn	12	Kendal	2:54.43	41.53	1:26.14	2:12.71
6.	Peter Brown	12	Copeland	3:00.78	41.31	1:28.13	2:16.22
7.	Alex Tallon	12	Kendal	3:01.35	42.37	1:27.68	2:14.38
	Elliot Sinclair	12	Carlisle Aq	DQ			

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Pierce Greening	13	Cockermouth	2:22.01	34.62	1:10.51	1:46.45
2.	Ben Jenkinson	13	Cockermouth	2:25.70	35.26	1:12.03	1:49.38
3.	Samuel Greenbank	13	Cockermouth	2:30.03	35.39	1:14.07	1:53.12
4.	Declan Burney	13	Cockermouth	2:31.06	36.20	1:14.87	1:53.17
5.	Evan Holt	13	Cockermouth	2:41.95	38.52	1:19.61	2:01.13
6.	Christopher Cowing	13	Carlisle Aq	2:49.95	39.45	1:22.21	2:06.18
7.	Luke Pratt	13	Barrow	2:51.28	39.56	1:23.92	2:09.76

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Roan Greening	14	Cockermouth	2:20.48	33.99	1:09.90	1:46.20
2.	Luke Jackson	14	Cockermouth	2:21.23	34.16	1:09.62	1:45.39
3.	Joel Sinclair	14	Carlisle Aq	2:24.29	34.67	1:11.42	1:48.75
4.	Alex Thompson	14	Barrow	2:27.25	35.63	1:13.93	1:51.35
5.	William Fidalgo-Hull	14	Cockermouth	2:31.57	36.84	1:15.88	1:55.28
6.	Matthew Whitehead	14	Carlisle Aq	2:32.11	35.38	1:13.20	1:53.22
7.	Kes Fountain	14	Penrith	2:36.05	36.56	1:16.45	1:57.04
8.	Ethan Nunn	14	Barrow	2:39.36	35.80	1:16.38	1:59.01
9.	Thomas Klijn	14	Kendal	2:45.87	38.05	1:20.90	2:04.58

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Owen Minnican	15	Barrow	2:09.84	30.06	1:03.09	1:36.91
2.	Jack Ivison	15	Cockermouth	2:24.50	33.51	1:09.72	1:47.23
3.	Jack Edwards	15	Cockermouth	2:27.25	34.35	1:11.79	1:50.30
4.	Joshua Turner	15	Ulverston	2:28.44	32.95	1:10.08	1:48.82
5.	Isaac Hinde	15	Copeland	2:32.59	35.68	1:15.59	1:55.48
	John Fraser	15	Carlisle Aq	DQ			

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Elliot Routledge	18	Cockermouth	2:13.18	31.47	1:05.46	1:40.59
2.	Nathan Watson	16	Cockermouth	2:15.46	31.19	1:06.02	1:41.13
3.	Oliver Smith	20	Cockermouth	2:17.51	31.17	1:05.42	1:41.37
4.	Daniel Tait	18	Carlisle Aq	2:18.52	31.94	1:07.01	1:43.24
5.	Jake Fabi	17	Penrith	2:18.62	33.35	1:09.33	1:43.72
6.	Tom Robinson	16	Ulverston	2:19.12	32.37	1:08.46	1:44.36
7.	Connor Joyce	16	Cockermouth	2:20.75	32.11	1:08.06	1:44.52
8.	Ben Gilmore	16	Cockermouth	2:21.65	33.11	1:08.91	1:45.70



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EVENT 6 Girls 10 Yrs/Over 400m Freestyle

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time					
1.	Jamie-Leigh Tyson	10	Barrow		5:55.88					
	50m 40.01	100m 1:25.08	150m 2:11.21		200m 2:58.59	250m 3:43.63	300m 4:29.13	350m 5:14.56	400m 5:55.88	
2.	Felicity Boyle	10	Ulverston		6:07.89					
	50m 40.02	100m 1:25.64	150m 2:13.58		200m 3:00.68	250m 3:44.14	300m 4:31.30	350m 5:20.58	400m 6:07.89	

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time					
1.	Jessica Prokas	11	Carlisle Aq		5:38.46					
	50m 36.98	100m 1:19.11	150m 2:03.31		200m 2:46.79	250m 3:28.88	300m 4:12.61	350m 4:56.58	400m 5:38.46	
2.	Lily Smith	11	Barrow		5:46.18					
	50m 35.12	100m 1:16.81	150m 2:01.35		200m 2:45.73	250m 3:29.90	300m 4:16.24	350m 5:02.88	400m 5:46.18	
3.	Amelia Bell	11	Carlisle Aq		5:52.34					
	50m 39.06	100m 1:22.26	150m 2:06.57		200m 2:52.13	250m 3:37.91	300m 4:23.76	350m 5:09.73	400m 5:52.34	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time					
1.	Shannon Parker	12	Ulverston		5:21.54					
	50m 35.22	100m 1:15.18	150m 1:56.22		200m 2:37.89	250m 3:19.20	300m 4:00.99	350m 4:42.27	400m 5:21.54	
2.	Elizabeth Bunter	12	Barrow		5:22.86					
	50m 36.79	100m 1:17.37	150m 1:58.57		200m 2:39.14	250m 3:20.36	300m 4:02.16	350m 4:43.90	400m 5:22.86	
3.	Maddison Tuer	12	Workington		5:24.40					
	50m 35.84	100m 1:15.95	150m 1:57.55		200m 2:39.21	250m 3:21.23	300m 4:03.58	350m 4:44.53	400m 5:24.40	
4.	Hannah Wren	12	Copeland		5:29.55					
	50m 35.13	100m 1:14.83	150m 1:56.03		200m 2:38.42	250m 3:21.95	300m 4:04.88	350m 4:47.82	400m 5:29.55	
5.	Naomi Ward	12	Carlisle Aq		5:45.09					
	50m 35.95	100m 1:16.99	150m 2:00.71		200m 2:45.07	250m 3:30.52	300m 4:15.57	350m 5:00.86	400m 5:45.09	

12 Yrs/Over Age Group - Full Results (County Championship results)

Place	Name	AaD	Club	Cat	Time					
1.	Amy Heard	17	Carlisle Aq		4:31.14					
	50m 30.74	100m 1:03.66	150m 1:37.75		200m 2:12.61	250m 2:47.53	300m 3:22.68	350m 3:58.22	400m 4:31.14	
2.	Ruth McEwen	17	Barrow		4:31.78					
	50m 30.11	100m 1:02.97	150m 1:37.25		200m 2:12.15	250m 2:47.60	300m 3:22.98	350m 3:57.94	400m 4:31.78	
3.	Elizabeth Airey	15	Cockermouth		4:38.44					
	50m 31.06	100m 1:04.73	150m 1:39.57		200m 2:14.97	250m 2:50.45	300m 3:26.79	350m 4:03.12	400m 4:38.44	
4.	Zara McKnight	17	Carlisle Aq		4:47.62					
	50m 31.26	100m 1:05.91	150m 1:42.10		200m 2:18.85	250m 2:56.05	300m 3:33.55	350m 4:11.22	400m 4:47.62	
5.	Abbie Winstanley	14	Workington		4:53.93					
	50m 33.49	100m 1:11.28	150m 1:49.12		200m 2:26.88	250m 3:05.07	300m 3:42.60	350m 4:20.29	400m 4:53.93	
6.	Sophie Huggon	13	Carlisle Aq		4:54.25					
	50m 33.03	100m 1:10.05	150m 1:48.40		200m 2:26.47	250m 3:02.97	300m 3:41.33	350m 4:19.55	400m 4:54.25	
7.	Louisa Sinclair	16	Carlisle Aq		4:54.57					
	50m 33.37	100m 1:10.02	150m 1:47.77		200m 2:25.27	250m 3:02.54	300m 3:40.10	350m 4:17.70	400m 4:54.57	
8.	Eve Dootson	14	Cockermouth		4:54.70					
	50m 33.15	100m 1:10.59	150m 1:48.40		200m 2:26.37	250m 3:03.85	300m 3:41.42	350m 4:19.55	400m 4:54.70	
9.	Caitlin Poulson	17	Penrith		5:03.12					
	50m 33.09	100m 1:09.59	150m 1:47.79		200m 2:26.21	250m 3:05.31	300m 3:45.54	350m 4:25.27	400m 5:03.12	
10.	Sydney Atkinson	14	Barrow		5:10.30					
	50m 35.93	100m 1:14.31	150m 1:53.28		200m 2:33.32	250m 3:13.40	300m 3:53.25	350m 4:33.40	400m 5:10.30	
11.	Elizabeth Adams	14	Cockermouth		5:11.20					
	50m 35.25	100m 1:13.97	150m 1:53.15		200m 2:32.39	250m 3:12.28	300m 3:51.83	350m 4:32.18	400m 5:11.20	
12.	Rhianne Owen	16	Workington		5:16.33					
	50m 35.01	100m 1:13.59	150m 1:53.95		200m 2:34.81	250m 3:15.93	300m 3:57.32	350m 4:38.17	400m 5:16.33	
13.	Josie Johnson	13	Kendal		5:16.95					
	50m 34.61	100m 1:13.78	150m 1:54.47		200m 2:35.85	250m 3:16.51	300m 3:57.64	350m 4:38.76	400m 5:16.95	
14.	Naomi Peers	13	Cockermouth		5:17.47					
	50m 34.70	100m 1:13.91	150m 1:54.17		200m 2:34.92	250m 3:16.16	300m 3:57.22	350m 4:38.81	400m 5:17.47	
15.	Shannon Parker	12	Ulverston		5:21.54					
	50m 35.22	100m 1:15.18	150m 1:56.22		200m 2:37.89	250m 3:19.20	300m 4:00.99	350m 4:42.27	400m 5:21.54	
16.	Elizabeth Bunter	12	Barrow		5:22.86					
	50m 36.79	100m 1:17.37	150m 1:58.57		200m 2:39.14	250m 3:20.36	300m 4:02.16	350m 4:43.90	400m 5:22.86	
17.	Maddison Tuer	12	Workington		5:24.40					
	50m 35.84	100m 1:15.95	150m 1:57.55		200m 2:39.21	250m 3:21.23	300m 4:03.58	350m 4:44.53	400m 5:24.40	
18.	Lois Postlethwaite	13	Barrow		5:24.83					
	50m 34.71	100m 1:14.67	150m 1:56.63		200m 2:38.61	250m 3:20.86	300m 4:02.79	350m 4:44.40	400m 5:24.83	
19.	Hannah Clifton	13	Workington		5:25.76					
	50m 34.78	100m 1:14.11	150m 1:54.94		200m 2:36.90	250m 3:20.42	300m 4:02.93	350m 4:45.60	400m 5:25.76	
20.	Lucy Stephenson	14	Copeland		5:26.25					
	50m 34.31	100m 1:12.36	150m 1:52.24		200m 2:35.00	250m 3:18.50	300m 4:01.54	350m 4:44.62	400m 5:26.25	
21.	Hannah Wren	12	Copeland		5:29.55					
	50m 35.13	100m 1:14.83	150m 1:56.03		200m 2:38.42	250m 3:21.95	300m 4:04.88	350m 4:47.82	400m 5:29.55	
22.	Anna Morrison	13	Ulverston		5:31.91					
	50m 34.93	100m 1:14.72	150m 1:56.02		200m 2:37.97	250m 3:20.95	300m 4:05.43	350m 4:49.02	400m 5:31.91	
23.	Georgina Milburn	15	Ulverston		5:37.38					
	50m 36.87	100m 1:17.16	150m 1:59.01		200m 2:41.44	250m 3:24.71	300m 4:08.27	350m 4:52.34	400m 5:37.38	
24.	Naomi Ward	12	Carlisle Aq		5:45.09					
	50m 35.95	100m 1:16.99	150m 2:00.71		200m 2:45.07	250m 3:30.52	300m 4:15.57	350m 5:00.86	400m 5:45.09	
25.	Graceella Cooper-Holme	16	Carlisle Aq	7	6:28.93					
	50m 43.82	100m 1:32.50	150m 2:21.89		200m 3:12.15	250m 4:01.75	300m 4:51.49	350m 5:40.91	400m 6:28.93	



2016 Cumbria County Championships and Age Groups

Session 2 results – Saturday 6th February

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time					
1.	Sophie Huggon	13	Carlisle Aq		4:54.25					
	50m 33.03	100m 1:10.05	150m 1:48.40		200m 2:26.47	250m 3:02.97	300m 3:41.33	350m 4:19.55	400m 4:54.25	
2.	Josie Johnson	13	Kendal		5:16.95					
	50m 34.61	100m 1:13.78	150m 1:54.47		200m 2:35.85	250m 3:16.51	300m 3:57.64	350m 4:38.76	400m 5:16.95	
3.	Naomi Peers	13	Cockermouth		5:17.47					
	50m 34.70	100m 1:13.91	150m 1:54.17		200m 2:34.92	250m 3:16.16	300m 3:57.22	350m 4:38.81	400m 5:17.47	
4.	Lois Postlethwaite	13	Barrow		5:24.83					
	50m 34.71	100m 1:14.67	150m 1:56.63		200m 2:38.61	250m 3:20.86	300m 4:02.79	350m 4:44.40	400m 5:24.83	
5.	Hannah Clifton	13	Workington		5:25.76					
	50m 34.78	100m 1:14.11	150m 1:54.94		200m 2:36.90	250m 3:20.42	300m 4:02.93	350m 4:45.60	400m 5:25.76	
6.	Anna Morrison	13	Ulverston		5:31.91					
	50m 34.93	100m 1:14.72	150m 1:56.02		200m 2:37.97	250m 3:20.95	300m 4:05.43	350m 4:49.02	400m 5:31.91	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time					
1.	Abbie Winstanley	14	Workington		4:53.93					
	50m 33.49	100m 1:11.28	150m 1:49.12		200m 2:26.88	250m 3:05.07	300m 3:42.60	350m 4:20.29	400m 4:53.93	
2.	Eve Dootson	14	Cockermouth		4:54.70					
	50m 33.15	100m 1:10.59	150m 1:48.40		200m 2:26.37	250m 3:03.85	300m 3:41.42	350m 4:19.55	400m 4:54.70	
3.	Sydney Atkinson	14	Barrow		5:10.30					
	50m 35.93	100m 1:14.31	150m 1:53.28		200m 2:33.32	250m 3:13.40	300m 3:53.25	350m 4:33.40	400m 5:10.30	
4.	Elizabeth Adams	14	Cockermouth		5:11.20					
	50m 35.25	100m 1:13.97	150m 1:53.15		200m 2:32.39	250m 3:12.28	300m 3:51.83	350m 4:32.18	400m 5:11.20	
5.	Lucy Stephenson	14	Copeland		5:26.25					
	50m 34.31	100m 1:12.36	150m 1:52.24		200m 2:35.00	250m 3:18.50	300m 4:01.54	350m 4:44.62	400m 5:26.25	

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time					
1.	Elizabeth Airey	15	Cockermouth		4:38.44					
	50m 31.06	100m 1:04.73	150m 1:39.57		200m 2:14.97	250m 2:50.45	300m 3:26.79	350m 4:03.12	400m 4:38.44	
2.	Georgina Milburn	15	Ulverston		5:37.38					
	50m 36.87	100m 1:17.16	150m 1:59.01		200m 2:41.44	250m 3:24.71	300m 4:08.27	350m 4:52.34	400m 5:37.38	

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time					
1.	Amy Heard	17	Carlisle Aq		4:31.14					
	50m 30.74	100m 1:03.66	150m 1:37.75		200m 2:12.61	250m 2:47.53	300m 3:22.68	350m 3:58.22	400m 4:31.14	
2.	Ruth McEwen	17	Barrow		4:31.78					
	50m 30.11	100m 1:02.97	150m 1:37.25		200m 2:12.15	250m 2:47.60	300m 3:22.98	350m 3:57.94	400m 4:31.78	
3.	Zara McKnight	17	Carlisle Aq		4:47.62					
	50m 31.26	100m 1:05.91	150m 1:42.10		200m 2:18.85	250m 2:56.05	300m 3:33.55	350m 4:11.22	400m 4:47.62	
4.	Louisa Sinclair	16	Carlisle Aq		4:54.57					
	50m 33.37	100m 1:10.02	150m 1:47.77		200m 2:25.27	250m 3:02.54	300m 3:40.10	350m 4:17.70	400m 4:54.57	
5.	Caitlin Poulson	17	Penrith		5:03.12					
	50m 33.09	100m 1:09.59	150m 1:47.79		200m 2:26.21	250m 3:05.31	300m 3:45.54	350m 4:25.27	400m 5:03.12	
6.	Rhianne Owen	16	Workington		5:16.33					
	50m 35.01	100m 1:13.59	150m 1:53.95		200m 2:34.81	250m 3:15.93	300m 3:57.32	350m 4:38.17	400m 5:16.33	
7.	Graceella Cooper-Holme	16	Carlisle Aq	7	6:28.93					
	50m 43.82	100m 1:32.50	150m 2:21.89		200m 3:12.15	250m 4:01.75	300m 4:51.49	350m 5:40.91	400m 6:28.93	

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints				
1.	Graceella Cooper-Holme	16	Carlisle Aq	7	6:28.93	499				
	50m 43.82	100m 1:32.50	150m 2:21.89		200m 3:12.15	250m 4:01.75	300m 4:51.49	350m 5:40.91	400m 6:28.93	

EVENT 7 County Championship Final of Boys 100m IM

Full Results

Place	Name	AaD	Club	Time
1.	Thomas Millburn	18	Cockermouth	59.43
2.	Oliver Smith	20	Cockermouth	59.65
3.	Jake Fabi	17	Penrith	1:01.69
4.	Charles McSkeane	18	Cockermouth	1:03.00
5.	Connor Joyce	16	Cockermouth	1:03.17
6.	Elliot Routledge	18	Cockermouth	1:08.25

EVENT 8 County Championship Final of Girls 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time
1.	Ruth McEwen	17	Barrow	35.93
2.	Rebecca Wilson	14	Copeland	36.13
3.	Zara McKnight	17	Carlisle Aq	36.50
4.	Rhiannon Ellis	17	Ulverston	37.61
5.	Abbie Winstanley	14	Workington	38.38
6.	Sophie Huggon	13	Carlisle Aq	38.39

EVENT 9 County Championship Final of Boys 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Owen Minnican	15	Barrow	2:10.39	30.79	1:04.21	1:37.92
2.	Elliot Routledge	18	Cockermouth	2:12.19	30.63	1:04.33	1:39.39
3.	Nathan Watson	16	Cockermouth	2:14.95	32.15	1:07.05	1:41.07
4.	Daniel Tait	18	Carlisle Aq	2:19.45	32.27	1:07.83	1:43.84
5.	Jake Fabi	17	Penrith	2:22.13	33.27	1:09.37	1:46.43
6.	Oliver Smith	20	Cockermouth	2:25.73	33.48	1:10.31	1:47.31



2016 Cumbria County Championships and Age Groups

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EVENT 10 Girls 10/12 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Ulverston		Ulverston	2:12.09	32.99	1:09.06	1:41.90
2.	Kendal A		Kendal	2:14.27	32.66	1:05.05	1:39.97
3.	Carlisle Aquatics A		Carlisle Aq	2:14.37	33.14	1:06.14	1:40.36
4.	Workington		Workington	2:17.29	33.07	1:07.78	1:44.96
5.	Barrow A		Barrow	2:19.22	36.34	1:12.64	1:45.69
6.	Cockermouth		Cockermouth	2:19.36	-	-	-
7.	Copeland		Copeland	2:20.57	33.94	1:09.55	1:46.33
8.	Kendal B		Kendal	2:38.05	41.87	1:18.57	1:59.10

EVENT 11 Boys 10/12 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Barrow		Barrow	2:36.64	36.21	1:21.49	2:01.39
2.	Cockermouth A		Cockermouth	2:41.37	40.02	1:25.63	2:02.96
3.	Kendal A		Kendal	2:41.74	40.61	1:21.63	2:03.52
4.	Ulverston		Ulverston	2:53.30	-	-	-
5.	Copeland		Copeland	2:55.72	49.08	1:35.13	2:14.66
	Kendal B		Kendal	DQ			
	Carlisle Aquatics A		Carlisle Aq	DQ			
